

**TELEPHONE  
ENQUIRIES:**

**1300 955 097**

**EMAIL:**

training@spartasolutions.com.au

**WEBSITE:**

www.spartasolutions.com.au



## First Aid Training

This course has a theory and practical component & is intended to provide the skills, knowledge & relevant competencies to apply first aid.

### Course Overview:

- Assessing the situation & Performing CPR
- Demonstrate use of an automated external defibrillator
- Care of the unconscious person
- Special techniques for children and Infants
- CPR in special circumstances
- Breathing Emergencies including choking and Asthma
- Cardiac emergencies
- Severe allergic reaction
- Bleeding and wound care / Burns and scalds
- Extremes of Heat and Cold
- Poisoning/ Bites and stings
- Altered Conscious States / Shock
- Musculoskeletal injuries
- Infection control
- Reporting procedures

**Duration:** One day (with pre-reading)

**Maximum Number Participants:** 15

**Participants who successfully complete the training are awarded a Statement of attainment in:**

HLTFA301B

APPLY FIRST AID

PUAEME001A

PROVIDE EMERGENCY CARE



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